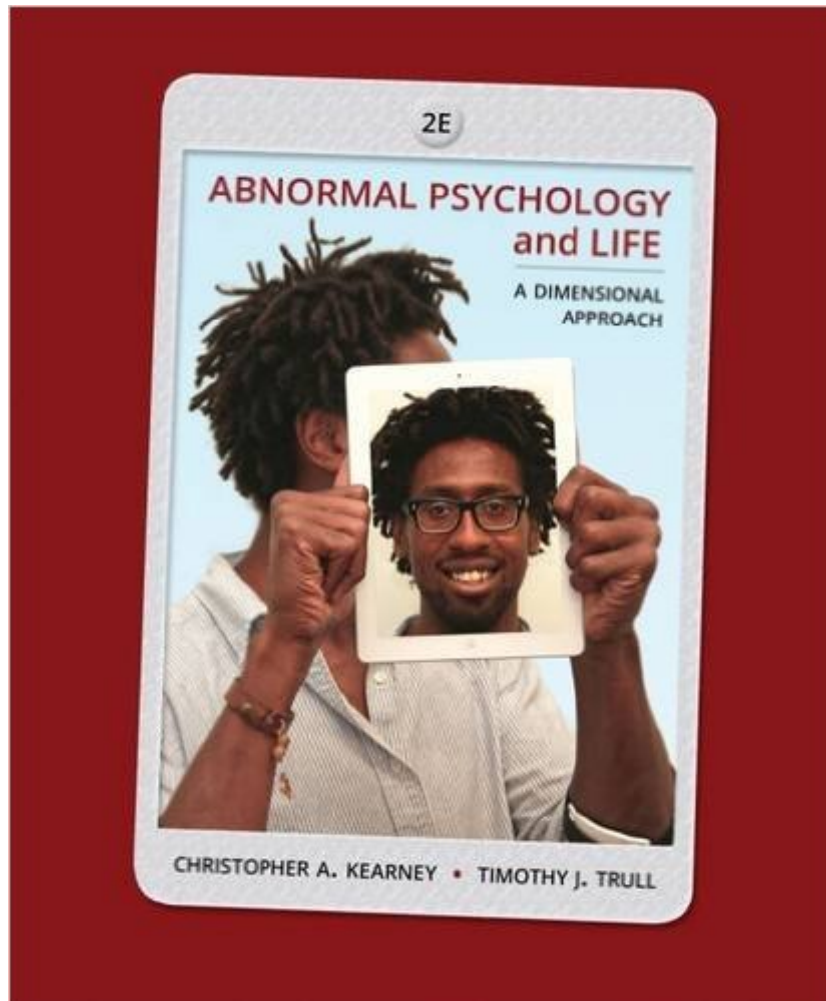


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# Abnormal Psychology And Life: A Dimensional Approach



## Synopsis

Chris Kearney and Tim Trull's **ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL APPROACH** provides students with a concise, contemporary, science-based view of psychopathology that emphasizes the individual first and the disorder second. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior--rather than being either present or absent--exists in everyone to some degree on a continuum from normal to pathological. By highlighting this widely accepted dimensional view--which places the behavior of an individual at the forefront of clinical assessment, prevention, definition, and treatment--the text's goal is to encourage students to become intelligent consumers of mental health information. With its emphasis on assessment and treatment as well as prevention, the book gives students the tools necessary to understand the precursors of abnormal behavior, overcome the stigma associated with it, and identify the real people classified as exhibiting it.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (25 customer reviews)

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## Customer Reviews

This book was actually one of the better psychology books available. It gets to the point most of the time but it does have a lot of story fillers and DSM-5 excerpts. I recommend this over many of the psychology books out there.

This is an excellent textbook. It's thought-provoking, yet easy to understand. I love that the DSM-V criteria are included in the chapters, and the little stories do a great job of exemplifying certain

behaviors/symptoms. This was one of the few textbooks that I've wanted to keep after ended of the semester. If you're a professor, definitely consider using this as the textbook for your class!

I don't normally rate textbooks but I love this book. It's written very simply with lots of examples/accounts to help you grasp real world applications of the information. Very informative and easy to follow!

This Abnormal Psychology textbook is an informative, concise, and well written textbook. It uses easy to understand language, as well as tables and diagrams to help portray the information. It covers a wide range of topics from the field of abnormal psychology, in an in-depth and helpful way.

This book is easy to follow and understand. It has a reference section for each disorder based on DSM IV. It also emphasizes that these mental disorders lie on a spectrum. If there is a new edition out, I would recommend getting that because it will have the updated information about DSM V.

This book has so much in it, I will be keeping it with my DSM 5. It covers prevention too!

I had to have this book for a class I'm taking and was worried it wouldn't show up in time. Just as stated in , the book arrived the next day and still more inexpensive than the bookstores. Slightly used, as mentioned, but on time and helped me ace my first test!

This is a great book in any platform! I purchased the kindle edition for class, and it was worth every penny. It tends to load slowly sometimes, but not often!

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